

In the **FLOW**

Embracing the Cycles of Womanhood

PRESENTERS

September 29

The Red Web Foundation

Keynote Speaker, Carol Lee Flinders

Carol Lee Flinders, critically-acclaimed author and scholar, will deliver the day's keynote address. In her book, *At the Root of This Longing: Reconciling a Spiritual Hunger and a Feminist Thirst* (Harper San Francisco, 1998), is a profound exploration of the collision between feminism and spirituality. She finds that this conflict can be reconciled through nurturing a voice, celebrating rites of passage, and honoring the menstrual cycle. Publisher's Weekly raved, "In the spirit of *Women Who Run with the Wolves* and *Reviving Ophelia* this book has the potential to change women's lives."

Ms. Flinders, holds a Ph.D. in Comparative Literature and is a well-known speaker and teacher who has taught at the University of California, Berkeley. She lives in the Bay Area with her husband and son.

Work and Playshop Presenters

Chandra Alexandre, Ph.D. teaches women's mysteries and founded SHARANYA to help heal the wounds and crises of our time.

Marina Alzugaray, MS, CNM is an educator, consultant, nurse midwife, and developer of "MyMoonCards" and the "American AquaNatal Method".

Mary Arnold, RNP is a Nurse Practitioner specializing in Women's Health. She has been facilitating GirlTalk workshops for over a decade.

Barbara Birsinger, MPH, RD is a nutrition therapist, facilitator, author, and researcher, specializing in helping girls and women with eating, weight and menstrual issues.

Dr. Judith Boice is an author, international teacher, naturopathic physician and acupuncturist. She has a special passion for working with wellness and women's health, menopause, and osteoporosis.

Jennifer Brown, is a Doctoral Candidate for a Ph.D. in Transpersonal Psychology and is a Divine Feminine Scholar.

Naomi Caspe LAc is a licensed acupuncturist and member of the Holistic Pediatric Association. She

has used traditional oriental medicine as her primary health care for the past 25 years.

Roberta Cantow, MFA, is a filmmaker and educator. Her films include a hybrid of poetic, experimental, narrative and documentary forms.

Pam Chubbuck, Ph.D., a psychotherapist for over 35 years, is an international trainer of Core Energetics Therapists and a published author.

Judy Grahn, Ph.D. is an internationally recognized poet and woman-centered cultural theorist. Her work centers on reclamation of stories, values and methods of Sacred Feminine traditions.

Barbara Hanneloré founded the Women's Way Program based on her background in Women's Studies, holistic health and expressive arts.

Dianne Jenett, Ph.D. is co-director of the Women's Spirituality MA program at New College of California.

DeAnna L'am is a teacher, author, and facilitator. Her teachings focus on team-building, conflict resolution, peacemaking, and women's spirituality.

Annie Lapham, is a scholar and activist. She has worked in domestic violence, sexual assault, menstrual health, ecology, Latin American solidarity, and international women's movements.

KK Ledford CYT is a certified Anusara yoga instructor, herbalist, menstrual enthusiast and educator. She has dedicated the last 15 years to the study, practice, and teaching of embodied spirituality.

Sharon Meyer CNC is a nutritionist for the Health & Healing Center at California Pacific Medical Center in San Francisco.

Fe A. Murray, RN, MSN has a private practice in holistic nursing. She studies yoga, energy bodywork, and pursues metaphysical studies.

Dominique Millette is an after-school coordinator for a girl-centered program in East Oakland. She is currently pursuing a Masters in Women's Spirituality.

Lauren G. Roberts, Ed. Psych. is Library Assistant/Programming at the Copper Queen Library in Bisbee, Arizona. She is a member of the Choctaw tribe and Comadres Institute.

Ashley Ross is an educator on holistic menstrual health through her women-centered business, Reddy's Pads. A student of the Hakomi Somatic Psychotherapy Method, she brings this training to her work.

Lisa Saunders is the founder of West Oakland's first Hawaiian dance company, Halau Hula O Manu O'o, and co-founder of the Ethnic Arts Institute of which she now serves as artistic director.

www.redwebfoundation.org